

CATHOLIC INFERTILITY COACHING



Paula Gallagher

If you feel **isolated, misunderstood, ashamed, overwhelmed, or abandoned by God...**

I know how you feel, and I can help you!

With almost 15 years of personal infertility experience, I can help you:

- Feel seen, heard, and accompanied
- Navigate grief
- Craft scripts for uncomfortable questions
- Rebuild your identity
- Develop coping skills
- Manage stress
- Discern next steps
- Learn how to share your story

COACHING SESSIONS:

- Free 20-minute introductory call
- \$50 per hour session
- Meet virtually from anywhere in the US

SCAN HERE
TO BOOK!



“Thank you for helping me during a very difficult time in my life. Having your support and monthly scheduled meetings were something I looked forward to as they helped me feel less alone.” - B.P.

Paula Gallagher

 catholicinfertilitycoaching.com

 [@catholic.infertility.coaching](https://www.instagram.com/catholic.infertility.coaching)